



# The intensity of kelp harvesting shapes the population structure of the foundation species *Lessonia trabeculata* along the Chilean coastline

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## Abstract

Kelp are foundation species that support high levels of biodiversity and, either directly or indirectly provide a wide range of ecological goods and services to human society. In recent decades, due to the high demand for kelp-derived products such as alginate, commercial wild harvesting has increased, leading to declines of kelp biomass in some regions. Chile accounts for 40% of the global kelp harvest, with the subtidal kelp, *Lessonia trabeculata* being one of the main target species. Currently, however, there is a lack of information on how different degrees of harvesting intensity, governed by distinct management regimes and their enforcement influences *L. trabeculata* populations. Here we examined the effect different management regimes, characterised by distinct levels of exploitation of kelp and kelp-associated fauna, have on *L. trabeculata* density and morphology along ~ 1600 km of the Chilean coastline. The findings demonstrated that harvesting intensity likely influences both *L. trabeculata* density and morphology. Juvenile density of *L. trabeculata* was five times higher in the most harvesting-affected areas, while kelp morphology values, including holdfast diameter, number of stipes and total length, were always higher in the less-intensively harvested areas. Our study suggests that different degrees of protection can influence density and morphology of subtidal *L. trabeculata* populations, which in turn has important implications for the conservation of the kelp forest ecosystems and management of this important fishery.

## Introduction

Kelp forests characterise subtidal rocky reefs in temperate and cold seas to a depth of up to ca. 40 m (Dayton et al. 1985; Harrold and Pearse 1987; Vásquez 1997; Graham et al. 2007) and are distributed along ca. 25% of the global

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coastline (Krumhansl et al. 2016; Wernberg and Filbee-Dexter 2019). They form three-dimensional biogenic structures which offer habitat, shelter and food to a wide diversity of associated species, including species of commercial importance (Teagle et al. 2017; Lotze et al. 2019). As such, kelp species serve as foundation organisms that support high levels of biodiversity and provide a wide range of ecological goods (e.g. fisheries) and services (e.g. nutrient cycling, coastal protection) to human society (Dayton 1985; Teagle et al. 2017; Miller et al. 2018). These goods and services can be particularly important for artisanal coastal communities who often strongly rely on kelp forests for economic support via direct harvesting and trade of kelp or kelp-associated fish and shellfish (Vásquez et al. 2014; Wernberg and Filbee-Dexter 2019).

Intense or prolonged harvesting can alter the structure and functioning of entire ecosystems (Pauly et al. 1998; Coleman and Williams 2002), including kelp forests (Vasquez and Santelices 1990; O'Connor and Anderson 2010; Geange 2014). For example, kelp harvesting can cause changes in population dynamics and loss of standing biomass at regional scales (Geange 2014), affect predator–prey interactions (Lorentsen et al. 2010), as well as impact kelp-associated species, including fish (O'Connor and Anderson 2010) and macroalgae (Vasquez and Santelices 1990). Impacts of harvesting at the population, community and ecosystem level can consequently impinge on the provision of ecological goods and services, with the magnitude of impacts dependent on harvesting methods, target species, and the scale, duration and frequency of harvesting (Waage-Nielsen et al. 2003; Steen et al. 2016; Lotze et al. 2019).

In recent decades, due to the high demand for kelp-derived products such as alginates, commercial kelp harvesting has increased, leading to declines in kelp biomass and abundance in some regions (Wernberg et al. 2018). Currently, Chile accounts for approximately 40% of wild kelp harvesting globally (Lotze et al. 2019), where this fishery is one of the most important benthic fisheries in the country, directly or indirectly employing 13,000 people and landing up to 350,000 dry tonnes per year (valued at US\$90 million) (Vásquez et al. 2014). Prior to the twenty-first century, the fishery was mainly sustained by natural mortality, where plants cast ashore were collected by artisanal fishermen, with little-to-no impact on wild populations or ecological processes (Vásquez et al. 2012). However, by the early 2000s the kelp fishery became extractive, using specialised fishermen and harvesting equipment, with intensive harvesting of two species, *Lessonia nigrescens* complex, an intertidal species (see González et al. 2012) and *Lessonia trabeculata*, a subtidal species (Vásquez 2008). While *L. nigrescens* is relatively easily accessed and harvested from the shore, *L. trabeculata* harvesting is conducted by deploying boats and surface air-supplied divers. The divers use a metal

hand-spike/pry bar tool, locally known as “barreta”, which is modified for detachment of holdfasts of individual plants from the substrate. The detached plants are grouped and tied together underwater by a rope, which is subsequently used to haul the harvest onto the boat (personal observations). The harvested kelp is processed locally and then mainly exported to international markets as raw and dried material, where alginates are extracted for use in diverse manufacturing processes and industries (Vásquez 2016). Currently, the Chilean kelp fishery accounts for ~10% of the global supply of alginates (Vásquez 2008).

In Chile, there is evidence to suggest that intertidal populations of *L. nigrescens* are somewhat resilient to harvesting, despite increased landings, with no significant changes in density, biomass and reproductive condition between areas of high harvesting pressure and areas of no or low harvesting pressure (Vásquez et al. 2012). Some findings, however, suggest that harvesting of *L. nigrescens* can have an effect on recruitment and morphology of the kelp (Oróstica et al. 2014). In contrast, there is paucity of information on the impact of increased harvesting on subtidal populations of *L. trabeculata* (but see Gelcich et al. (2012), Pérez-Matus et al. (2017)). Recent evidence, however, points to the expansion of deforested “barrens” in certain areas where *L. trabeculata* was once dominant and a subsequent lack of recovery from harvesting following fallow periods of 7 years (Pérez-Matus personal observations).

Along the coast of Chile, different management regimes operate; marine protected areas with no-take zones (MPAs), open access areas (OAs) with no protection and exclusive access areas of territorial user rights for fisheries (TURFs). Through the TURF policy, the Undersecretary of Fisheries assigns management of inshore benthic species to consortiums of local fishermen who manage the TURF via a committee (San Martín et al. 2010). First established in 1997 (San Martín et al. 2010), TURFs operate by granting tenure over a specific marine area to its local fishing organisation (Meltzoff et al. 2002). This system is distinguished from other marine spatial management approaches in that it grants explicit marine tenure rights within the context of co-management (Castilla and Fernandez 1998). To be granted a TURF, Chilean artisanal fishing organisations must develop 5-year management plans, which require approval from the Undersecretary of Fisheries. While fishermen are responsible for surveillance and enforcement of anti-poaching measures in TURFs, the level of protection varies between TURFs and depends on the fishermen involved (Meltzoff et al. 2002). Due to the different management regimes, a mosaic of discrete locations, characterised by varying degrees of harvesting pressures exists along the Chilean coast.

This study examined differences in densities and morphology of the kelp *L. trabeculata*, from locations subjected to different management regimes. The management regimes

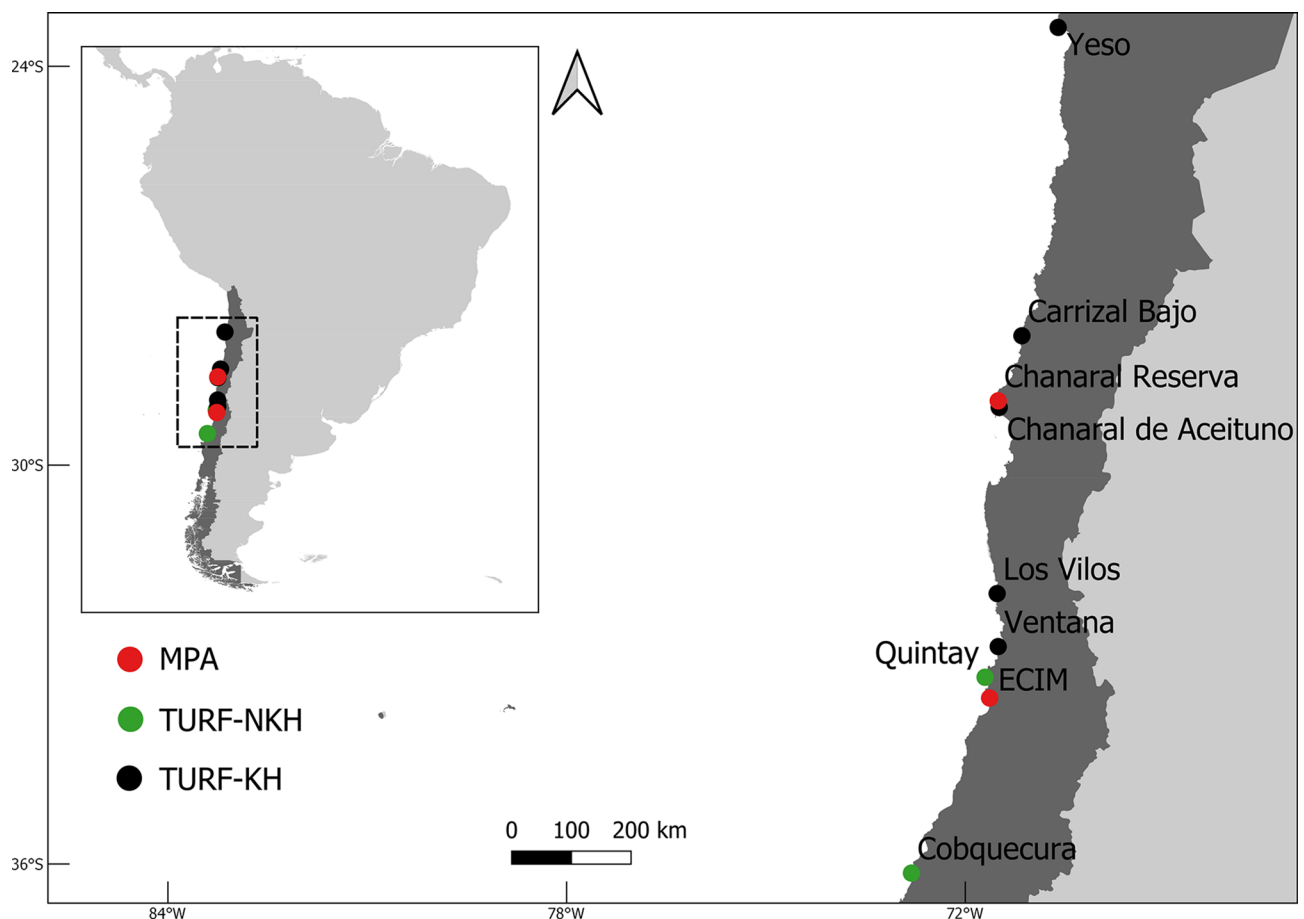
characterising these locations included no-take marine protected areas (MPAs) where no fishing activity takes place, TURFs with no kelp harvest (TURF-NKH) but a history of extraction of kelp-associated resources (e.g. many species of fish, the gastropods *Concholepas concholepas* and *Fissurella spp.*) and TURFs where harvesting of both kelp and kelp-associated fauna takes place (TURF-KH). It was hypothesised that different degrees of protection will influence both density and morphology of *L. trabeculata*, with the overall study aim being determining the relative importance harvesting intensity has in structuring *L. trabeculata* populations.

## Materials and methods

### Study areas

Sampling was carried out along ~1600 km of Chilean coastline, from 36°09, 277 to 23°24, 7' S (Fig. 1). Two

MPAs, two TURF-NKH and five TURF-KH were sampled between April and December of 2018. The MPAs, ECIM and Chañaral Reserva, were established in 1982 and 2005, respectively (ESM Table 1). ECIM belongs to a research station of the Pontifical Catholic University of Chile and was created with the aim of monitoring recovery processes and promoting research representative of the Chilean rocky shore ecosystems (Navarrete et al. 2010). Chañaral Reserva was awarded an MPA status as an essential habitat for the Humboldt penguin (*Spheniscus humboldti*) and the bottlenose dolphin (*Tursiops truncatus*) (Capella et al. 1999). TURF-NKH were established in 1997 and 2001 and while no kelp harvesting has taken place, benthic invertebrates and fish are regularly exploited within these TURFs (ESM Table 1). TURF-KH were established between 1997 and 2012 but have historically experienced exploitation of kelp and the associated benthic invertebrates and fish (ESM Table 1). Due to few available MPAs in Chile and logistical constraints reflected in large distances between different TURFs and year-round unfavourable sea conditions along



**Fig. 1** Locations of the study sites. Marine Protected Areas (MPAs) are represented by red, TURFs with no kelp harvest (TURF-NKH) by green and TURFs where harvesting of both kelp and kelp-associated fauna takes place (TURF-KH) by black circles

the exposed coast, we were unable to attain experimental design with an even replication of the suitable management regimes.

## Sampling methods

At each site, *L. trabeculata* populations were sampled by SCUBA divers using 100 × 2 m belt transects. The number of transects was determined based on the total length of the coast available at each site and ranged between 4 and 17 (81 transects in total) (ESM Table 2). All transects were orientated perpendicular to the coast, randomly placed within *L. trabeculata* forest, covering the upper and the lower depth limits of kelp (i.e. from 4 to 19 m below chart datum). The average site sampling depth ranged from 6.4 to 16 m (ESM Table 1). Within sites, the replicate transects were separated by a minimum horizontal distance of 100 m. The density of kelp was recorded by counting the total number of holdfasts (representative of individual plants) for both juveniles and adults, found within each 100 × 2 m belt transect. Individuals were classed as juveniles if their holdfast diameter

measured < 10 cm, with individuals considered adult with a holdfast diameter of ≥ 10 cm. Juveniles differed from adults in their morphology and length, and were generally characterised by the lack of stipes, with a small number of fronds (< 5) emerging directly from the holdfast. Adults had robust holdfasts from which, often, multiple, well developed stipes emerged with a large number of fronds attached. Kelp morphology was assessed using one 1 m<sup>2</sup> quadrat placed every 10 m on the alternate side of the transect ( $n = 10$  quadrats per transect). In the quadrats, maximum holdfast diameter, number of stipes and total length of each holdfast were recorded. All sites were dominated by *L. trabeculata*, with an absence of other large canopy-forming macroalgae. In general, sites were characterised by extensive, low profile/rugosity, stable bedrock, dominated by kelp stands and an understory assemblage comprising encrusting coralline algae and a relatively low cover of foliose red algae.

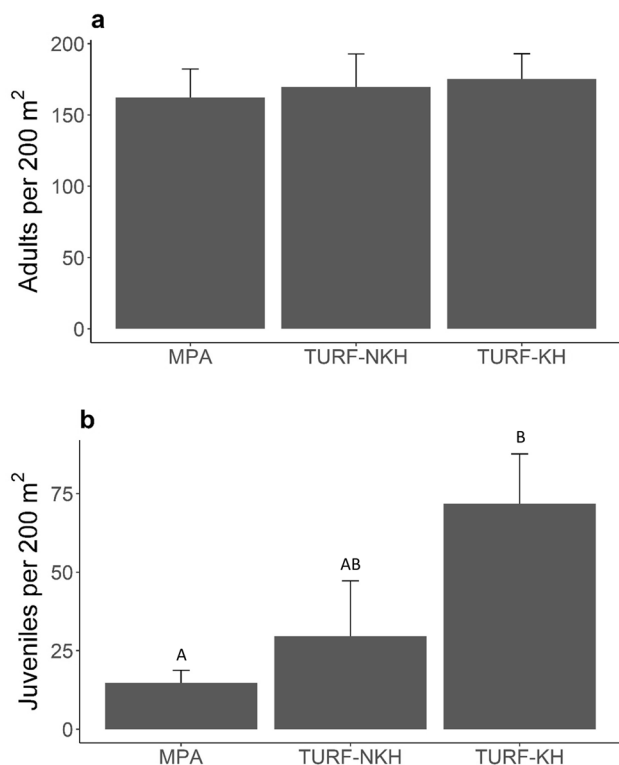
## Statistical analyses

Poisson generalized linear mixed-effects models (GLMMs) were used to test the degree of influence of different management regimes (MPA, TURF-NKH, TURF-KH) on *L. trabeculata* density of adults and juveniles and morphology of adults (holdfast size, number of stipes and total length). All GLMMs were random intercept models where the random factor was site. Through this modelling approach the influence of sites on the dependent variable was taken into account, allowing for site-independent evaluation of the influence of the management regimes on kelp at a broader scale (Zuur et al. 2009). Post-hoc simultaneous inference in general parametric models tests for linear hypotheses in generalized linear mixed models were run to test the statistical significance of the variables and *L. trabeculata* using the package multicomp in R (Hothorn et al. 2008). All model data were analysed with the package lme4 in R (Bates et al. 2015; R Core Team 2017).

## Results

There was no statistically significant difference in adult *L. trabeculata* density between management regimes (Fig. 2a, Table 1). Juvenile density was, however, significantly different and approximately 5 times lower in the MPAs compared to the TURF-KH (Table 1). While not statistically significant, the density of juveniles in TURF-NKH was approximately half that of the TURF-KH, as was the density of juveniles in the MPAs compared to TURF-NKH (Fig. 2b).

Statistically significant differences for holdfast diameter and number of stipes were observed between the MPAs and TURF-KH, as well as between TURF-KH and TURF-NKH (Fig. 3, Table 2). For all morphological measures,



**Fig. 2** Mean ( $\pm$ SE) *L. trabeculata* kelp density under different management regimes (No-take marine protected areas (MPA), Territorial User Rights for Fisheries where kelp are not harvested but other benthic resources are (TURF-NKH) and Territorial User Rights for Fisheries where kelp and other benthic resources are harvested (TURF-KH)) for (a) adults and (b) juveniles. Different letters indicate significant differences ( $P < 0.05$ ) among management regimes

**Table 1** GLMMs exploring the effect of management regimes on the density of adult and juvenile *L. trabeculata*

|                  |                    | Deviance |                | Residual degrees of freedom |               |
|------------------|--------------------|----------|----------------|-----------------------------|---------------|
| Adult            |                    |          |                |                             |               |
| Model            |                    | 6152.20  |                | 77                          |               |
| Coefficient      |                    |          |                |                             |               |
| Random           | Groups             | Variance |                | Standard deviation          |               |
| Adult            |                    |          |                |                             |               |
| Site             | 9                  | 0.07     |                | 0.27                        |               |
| Fixed            | Degrees of freedom | Est      | Standard error | <i>z</i>                    | <i>P</i>      |
| Adult            |                    |          |                |                             |               |
| TURF-KH-TURF-NKH | 1                  | 0.02     | 0.23           | 0.08                        | 1.00          |
| MPA-TURF-NKH     | 1                  | − 0.09   | 0.27           | − 0.35                      | 0.94          |
| MPA-TURF-KH      | 1                  | − 0.11   | 0.23           | − 0.49                      | 0.88          |
|                  |                    | Deviance |                | Residual degrees of freedom |               |
| Juvenile         |                    |          |                |                             |               |
| Model            |                    | 6950.10  |                | 77                          |               |
| Coefficient      |                    |          |                |                             |               |
| Random           | Groups             | Variance |                | Standard deviation          |               |
| Juvenile         |                    |          |                |                             |               |
| Site             | 9                  | 0.37     |                | 0.61                        |               |
| Fixed            | Degrees of freedom | Estimate | Standard error | <i>z</i>                    | <i>P</i>      |
| Juvenile         |                    |          |                |                             |               |
| TURF-KH-TURF-NKH | 1                  | 0.57     | 0.51           | 1.12                        | 0.50          |
| MPA-TURF-NKH     | 1                  | − 0.61   | 0.61           | − 0.99                      | 0.58          |
| MPA-TURF-KH      | 1                  | − 1.17   | 0.51           | − 2.29                      | < <b>0.05</b> |

All the significant coefficients are highlighted in bold ( $P < 0.05$ )

For each of the models deviance and residual degrees of freedom are given. The coefficients are shown with the number of groups or degrees of freedom, along with the associated standard deviation or standard error, estimate, *z* value (*z*) and *p* value (*P*)

the highest values were observed in the MPAs, followed by TURF-NKH and then TURF-KH (Fig. 3). Mean holdfast size and length were greater by almost 1/4 in the MPAs than in TURF-KH, while the mean number of stipes was twice as high. In TURF-NKH compared to TURF-KH, the number of stipes was higher by 1/3, mean holdfast diameter was approximately 1/5 greater, while the mean total length was similar.

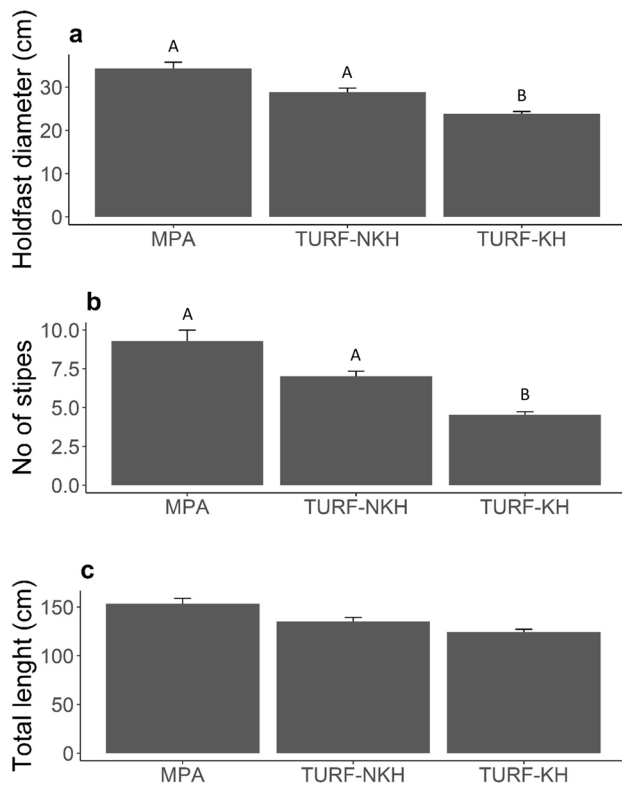
## Discussion

Our findings highlight the influence different degrees of protection can have on density and morphology of subtidal *L. trabeculata* populations, which has significant implications for the conservation of kelp forest ecosystems and the management of this important fishery.

Similar to what has been observed in other studies along the Chilean coast (Vásquez et al. 2012; Pérez-Matus et al.

2017), the density of adult kelp was not affected by harvesting pressure. Conversely, we did observe differences in juvenile densities between the different management regimes, with the highest densities of juveniles found at the most exploited sites. Harvesting of *L. trabeculata* usually results in thinning or clearing of 6–10 m diameter patches of adult kelp (personal observations). It is likely that space freed up from the harvesting of adult plants increases the density of juveniles as the absence of large holdfasts of harvested adults plants creates benthic space for settlement of new recruits and allows for their subsequent survival due to the decreased shading by an otherwise dense canopy, resulting in a juvenilised forest (Figueroa-Fábrega et al. 2017). In our case, while the density of adults was similar across management regimes, in the MPAs and TURF-NKH they were larger and had more canopy area due to higher number of stipes. Consequently, in addition to reduced substrate availability, resulting from larger holdfasts, these plants would have reduced light penetration in the MPAs and TURF-NKH





**Fig. 3** Mean ( $\pm$  SE) adult *L. trabeculata* (a) holdfast diameter, (b) number of stipes and (c) total length under different management regimes (No-take marine protected areas (MPA), Territorial User Rights for Fisheries where kelp are not harvested but other benthic resources are (TURF-NKH) and Territorial User Rights for Fisheries where kelp and other benthic resources are harvested (TURF-KH)). Letters denote significant differences ( $P < 0.05$ ) between management regimes

compared to the TURF-KH, in which less dense kelp allowed for more light, favouring juvenile recruitment. This has previously been seen in *L. trabeculata* where strong recruitment and high densities of juveniles were observed in intensely harvested areas with no evidence of recruitment in non-harvested areas, where the population consisted mainly of adult individuals (Westermeier et al. 2017). Similarly, Westermeier et al. (2019) reported rapid colonisation by the new recruits of the intertidal kelp, *L. nigrescens*, following a complete removal of the adult individuals. However, this pattern is not consistent with Pérez-Matus et al. (2017) and Vásquez et al. (2012) who failed to find a link between harvesting intensity and juvenile density of *L. trabeculata* and *L. nigrescens*, respectively.

We recorded significant increases in holdfast diameter and the number of stipes at sites with greater protection. TURF-KH were characterised by “juvenilised” forests dominated by smaller plants (smaller holdfasts, fewer stipes and shorter plants), therefore harbouring fewer harvestable and

less valuable plants. This is, perhaps, unsurprising considering that larger individuals are targeted by the fishery due to a higher alginate content (Peteiro 2018). Stark differences observed in the kelp forest structure in TURF-KH suggest that the fisheries in these areas are less productive due to high intensity harvest, yielding lower crop compared to non-kelp harvested areas. Previous studies on post-harvesting recovery of *L. trabeculata* have suggested slow recovery. For example, after 12 months of post-harvest recovery, kelp individuals had only grown to a total length of between 40 and 50 cm, with a holdfast diameter of 8 cm (Westermeier et al. 2017). Furthermore, following  $> 2$  years recovery, holdfasts had not attained 20 cm in diameter, which according to bio-ecological recommendations by Vásquez (2008), is the minimum harvestable size, indicating that kelp plants were still unsuitable for harvest (Westermeier et al. 2017). Hence, while kelp extraction may not lead to a reduction in adult kelp density, intense harvesting may shift population structure towards smaller individuals, which are less value to the industry. Kelp harvesting in the TURF-KH is often carried out annually, over several consecutive years, with no fallow periods that would allow for kelp recovery between the harvests (ESM Table 3). As a result, if the extraction, at the current rate, continues within TURF-KH, the value of *L. trabeculata* and the kelp fishery itself will likely diminish with subsequent harvests, with implications for fishing communities reliant on it as a primary source of income. This is likely to be of most concern to communities that manage and rely on TURFs for their livelihoods. Population dynamics of *L. trabeculata* evidenced in our study are different from other commercially exploited kelps in Chile. For example, *Macrocystis pyrifera* reach harvestable size in less than 6 months (Westermeier et al. 2014), while *L. nigrescens* can attain harvestable size within 10 months following recruitment into cleared areas (Westermeier et al. 2019). As such, specific management plans tailored for each macroalgal species are needed to achieve sustainability. For *L. trabeculata*, due to its seemingly slower growth rates, longer-term studies are necessary to determine recovery rates following harvesting under different environmental conditions. In addition, different TURF committees use different harvesting and fallowing regimes (pers. comm.). Future work should also investigate if particular harvesting regimes promote faster recovery of *L. trabeculata*. In the meantime, we suggest that fishers should adopt the precautionary principle and include fallow periods of 3 years or more between harvesting events and/or adopt harvesting approaches that may promote recovery by leaving potential parental stock nearby at the same time as increasing habitable space and light penetration.

There were no observed differences in density or morphology between the MPAs and TURF-NKH, which was somewhat expected considering kelp harvesting has not

**Table 2** GLMMs exploring the effect of management regimes on the morphology (holdfast diameter, number of stipes and total length) of adult *L. trabeculata*

|                  |                    | Deviance |                | Residual degrees of freedom |                  |
|------------------|--------------------|----------|----------------|-----------------------------|------------------|
| Holdfast         |                    |          |                |                             |                  |
| Model            |                    | 4855.5   |                | 561                         |                  |
| Coefficient      |                    |          |                |                             |                  |
| Random           | Groups             | Variance |                | Standard deviation          |                  |
| Holdfast         |                    |          |                |                             |                  |
| Site             | 9                  | 0.01     |                | 0.10                        |                  |
| Fixed            | Degrees of freedom | Estimate | Standard error | <i>z</i>                    | <i>P</i>         |
| Holdfast         |                    |          |                |                             |                  |
| TURF-KH-TURF-NKH | 1                  | 0.22     | 0.09           | 2.51                        | <b>&lt; 0.05</b> |
| MPA-TURF-NKH     | 1                  | − 0.12   | 0.10           | − 1.19                      | 0.46             |
| MPA-TURF-KH      | 1                  | − 0.34   | 0.09           | − 3.91                      | <b>&lt; 0.05</b> |
|                  |                    | Deviance |                | Residual degrees of freedom |                  |
| Stipes           |                    |          |                |                             |                  |
| Model            |                    | 3516.0   |                | 561                         |                  |
| Coefficient      |                    |          |                |                             |                  |
| Random           | Groups             | Variance |                | Standard deviation          |                  |
| Stipes           |                    |          |                |                             |                  |
| Site             | 9                  | 0.04     |                | 0.20                        |                  |
| Fixed            | Degrees of freedom | Estimate | Standard error | <i>z</i>                    | <i>P</i>         |
| Stipes           |                    |          |                |                             |                  |
| TURF-KH-TURF-NKH | 1                  | 0.45     | 0.17           | 2.60                        | <b>&lt; 0.05</b> |
| MPA-TURF-NKH     | 1                  | − 0.29   | 0.21           | − 1.42                      | 0.33             |
| MPA-TURF-KH      | 1                  | − 0.75   | 0.17           | − 4.28                      | <b>&lt; 0.05</b> |
|                  |                    | Deviance |                | Residual degrees of freedom |                  |
| Length           |                    |          |                |                             |                  |
| Model            |                    | 14012.0  |                | 561                         |                  |
| Coefficient      |                    |          |                |                             |                  |
| Random           | Groups             | Variance |                | Standard deviation          |                  |
| Length           |                    |          |                |                             |                  |
| Site             | 9                  | 0.01     |                | 0.12                        |                  |
| Fixed            | Degrees of freedom | Estimate | Standard error | <i>z</i>                    | <i>P</i>         |
| Length           |                    |          |                |                             |                  |
| TURF-KH-TURF-NKH | 1                  | 0.13     | 0.10           | 1.29                        | 0.40             |
| MPA-TURF-NKH     | 1                  | − 0.09   | 0.12           | − 0.72                      | 0.75             |
| MPA-TURF-KH      | 1                  | − 0.22   | 0.10           | − 2.15                      | 0.08             |

All the significant coefficients are highlighted in bold ( $P < 0.05$ )

For each of the models deviance and residual degrees of freedom are given. The coefficients are shown with the number of groups or degrees of freedom, along with the associated standard deviation or standard error, estimate, *z* value (*z*) and *p* value (*P*)

taken place in these TURFs. Interestingly, there was a non-significant trend of increasing juvenile density and decreasing holdfast diameter, stipe number and total size

with decreasing management. This suggests that while kelp harvesting has not taken place in TURF-NKH, there is potentially a subtle indirect effect of the removal of the

kelp-associated fauna on TURF-NKH kelp populations. A number of commercially important fish species commonly exploited within TURF-NKH (e.g. *Pinguipes chilensis*, *Cheilodactylus variegatus*, *Semicossyphus darwini*) are some of the most important predators of the main grazers of *L. trabeculata* (*Tetrapygus niger* and *Tegula tridentata*) along the Chilean coast (Vasquez 1993). It has been demonstrated that these grazers affect both density and morphology of *L. trabeculata* (Vásquez and Buschmann 1997). As a result, removal of kelp-associated fish from TURFs-NKH can lead to increases in grazers and could be, at least partly, responsible for the subtle differences in the kelp populations observed between MPAs and TURF-NKH. Evidence from other studies along the Chilean coast demonstrates higher densities of grazers and higher rates of grazing on *L. trabeculata* in areas with increased exploitation of some carnivorous fish species (Pérez-Matus et al. 2017). In general, along the coast of Chile, higher numbers of *L. trabeculata* grazers are found at exploited sites compared to unexploited ones (Oróstica et al. 2014; Pérez-Matus et al. 2017).

In future studies, it will be important to consider both the direct effects of kelp harvesting and the indirect effects of harvesting kelp-associated species when managing these ecosystems that are important, both for supporting biodiversity and human well-being. Furthermore, it is noteworthy that along the entire Chilean coast only two MPAs exist, both of which we used as study sites. While additional MPAs would have also been optimal for the study's experimental design, detection of the most important differences of the impacts of kelp harvesting are owed precisely to the inclusion of these MPAs in the study. This highlights the need for creation of further MPAs in the region, which, as we here demonstrate, are paramount for detecting current harvest-induced changes in kelp populations and can provide an important baseline for monitoring future changes.

In summary, we demonstrate that the level of protection is likely to play an important role in structuring *L. trabeculata* populations in Chile. Given that the degree of protection from harvesting can influence aspects of kelp population structure, such as plant morphology and densities of juveniles, it is likely that harvesting also indirectly influences habitat provision for associated faunal communities, ecological resilience and rates of primary productivity. Accordingly, careful management of *L. trabeculata* within TURFs is paramount to provide the dependent artisanal fishing communities with a long-term sustainable income.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s00227-021-03870-7>.

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**Availability of data and material** The data used in this study are available from the corresponding author upon request.

**Code availability** Codes used in this study are available from the corresponding author upon request.

## Declarations

**Conflict of interest** The authors have no conflicts of interest to declare that are relevant to the content of this article.

**Ethical approval** This is an observational study and no ethical approval is required.

**Consent for publication** All authors have agreed to the submitted version of the manuscript and give their consent for its publication.

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