THE METALLIC CONSTITUENTS OF MARINE GASTROPODS

By R. A. McCance, M.D., Ph.D. and L. R. B. Shackleton, Ph.D.

Biochemical Laboratory, King's College Hospital, London

In 1933 McCance & Shipp (a) pointed out that one of the common marine molluscs, Littorina littorea, contained between 346 and 507 mg. of magnesium per 100 g. of live weight. While these enormous concentrations of magnesium were not confined to any one organ, the gonads and liver appeared to contain rather more than the foot and mantle. The object of the present paper is to report upon the mineral composition of some of the species allied to L. littorea and also of some of the other gastropods. The chemical methods used have been described in previous publications (McCance & Shipp 1933 b; McCance, Widdowson & Shackleton, 1936). The animals were all obtained from the Marine Biological Association at Plymouth, and the analytical results are set out in Table I, the approximate composition of sea water of 33 % salinity being added for comparison (Harvey, 1928). When it was necessary to do so, the shells were broken to extract the animals, and in some instances fragments of shell were included in the material taken for analysis. The figures given for calcium, therefore, are in some instances too high, and in one or two cases the amount of calcium carbonate in the material taken has led to appreciable errors in the true water content, e.g. in L. neritoides.

The results which call for comment seem to be:

(I) The animals always contain less sodium than the surrounding water, but the amount of sodium per 100 g. of body water varies on both sides of, and is often not far from the amount of sodium per 100 g. of sea water.

(2) Judged by vertebrate standards, many of the animals contain surprisingly large amounts of potassium. Some of them, notably *L. rudis* and *Lacuna vincta*, contain more than 1000 mg./100 g., and it would be of con-

siderable interest to know how this potassium was combined.

(3) The calcium in some of these animals may be quite small in amount but is always greater than that in the surrounding sea water, and may be extremely high even in animals in which shell contamination can be absolutely excluded. The most striking instances of this are the two Nudibranchia, *Jorunna* and *Archidoris*, the latter of which contains almost 2.5% of calcium.

(4) The large amount of magnesium in the winkle (*Littorina littorea*) is confirmed. In *L. neritoides* and *L. rudis* the magnesium is also very high, but these magnesium contents are not peculiar to the Littorinas, for both *Nucella lapillus* and *Scaphander* contain similar amounts of magnesium, and in *Jorunna*, and particularly *Archidoris*, the magnesium concentrations are enormous

(McCance & Masters, 1937). It would seem that these marine molluscs may be divided into three groups according to their magnesium contents. The first, as illustrated by Aeolidia, Mytilus edulis and Ostrea edulis (see McCance & Shipp, 1933 a) contain much less magnesium than the surrounding water, and it is clear that in this respect their body water must differ radically in composition from the sea. In the second group, of which Pecten maximus, Cardium

TABLE I

		Water g.	Composition per 100 g. of live weight (mg.)					
Order and name	Organ		Na	K	Ca	Mg	Fe	Cu
MESOGASTROPODA								
Littorina littorea	Foot and gut Gonad and liver	69·5	688 702	425 425	821 913	456 519	25.8	1.77
L. littoralis	Foot and gut Gonad and liver	70·0 60·3	420 471	654 778	1480 4350	150 256	9·4 15·2	4·73 9·13
L. neritoides	Whole animal	61.0	429	737	4500	332	26.5	10.5
L. rudis	Foot and gut	67.8	536	1000	1285	256	15.6	3.1
	Gonad and liver	62.7	695	728	3700	342	37.5	8.1
Lacuna vincta	Whole animal	69.5	724	1110	472	127	14.1	8.1
Archaeogastropoda								
Patella vulgata	Whole animal	74.7	466	445	334	66.8	34.0	0.97
P. athletica	Whole animal (except radula)	79.2	432	213	348	84.1	15.3	0.67
Calliostoma zizyphinum	Foot and gut Gonad and liver	74·2 73·4	678 755	383 343	278 362	90 130	111.0	5.4
STENOGLOSSA		, , ,	,,,,					
Buccinum undatum	Foot and gut Gonad and liver	73·2 73·8	431 774	413 810	75 201	114	2·5 12·0	0·55 54·8
Nucella lapillus	Foot and gut Gonad and liver	69.5	418	288	483	230	7.5	1.5
TECTIBRANCHIA	Gonad and fiver	64.1	548	217	378	200	12.0	5.3
Scaphander lignarius	Whole animal	78.0	565	450	316	282	6.60	0.50
Aplysia punctata	Whole animal (excluding gastric plates)	86.0	635	240	115	114	10.4	0.70
Nudibranchia	. ,							
Aeolidia papillosa	Whole animal	79.0			62	60	12.5	
Sphaerostoma hombergi	Whole animal	89.0		_	81	127	2.8	
Forunna tormentosa	Whole animal	85.0	450	240	580	620	15.7	2.16
Archidoris britannica	Whole animal	78.0	778	368	2460	1580	8.57	1.56
Sea water (from Harvey, 1928)		96.7	1033	37.9	41.3	128	5	100000

edule (McCance & Shipp, 1933 a), Buccinum undatum, Aplysia and Sphaerostoma are examples, the concentration of magnesium in the animals is less than that in the surrounding water, but the concentration of magnesium in their body water appears to be close to that in sea water. The third group (Archidoris, Jorunna, Littorina littorea, etc.) contains huge concentrations of magnesium. Nothing is known of the state of combination of the metal except in the case of Archidoris (McCance & Masters, 1937), and even in this instance the function of the metal remains a matter of conjecture.

(5) The concentrations of iron vary from 2.5 to 111 mg./100 g. according

to the species and organ. The radulae of the Patellidae have formed the basis

of a special study (Jones, McCance & Shackleton, 1935).

(6) Judged by mammalian standards, some of the copper concentrations are very high. The gonad and liver of *Buccinum* may be cited in illustration. At present one can only record the facts without reference to function.

The authors are indebted to Dr E. I. Jones for his collaboration and assistance, particularly in the dissection of the specimens. The work could not have been carried out without the co-operation of the staff of the Marine Biological Association at Plymouth. Certain of the costs were defrayed by the Medical Research Council.

SUMMARY

The sodium, potassium, calcium, iron and copper have been determined in sixteen marine gastropods, and the results are briefly discussed. A noteworthy finding is the large amount of potassium, calcium and (or) magnesium which may be present in these animals. Lacuna vincta for example may contain over $1 \cdot 1 \%$ of potassium, Archidoris britannica $1 \cdot 58 \%$ of magnesium per 100 g. of live weight.

REFERENCES

HARVEY, H. W., 1928. Biological Chemistry and Physics of Sea Water, p. 36. Camb. Univ. Press.

Jones, E. I., McCance, R. A. & Shackleton, L. R. B., 1935. The role of iron and silica in the structure of the radular teeth of certain marine molluscs. *Journ. Exper. Biol.*, Vol. 12, p. 59.

McCance, R. A. & Masters, M. E. M., 1937. The chemical composition and the acid base balance of *Archidoris britannica*. *Journ. Mar. Biol. Assoc.*, Vol. XXII, p. 273.

Ser. Med. Res. Counc., London, No. 187.

McCance, R. A., Widdowson, E. M. & Shackleton, L. R. B., 1936. The nutritive value of fruits, vegetables and nuts. *Spec. Rep. Ser. Med. Counc.*, London, No. 213.